FRAGMENTS

A VIRTUAL REALITY ADVENTURE INTO ANXIETY



PROBLEM

Anxiety is a poorly understood and a difficult experience to share. Negative media representations fuel stigmas and misperceptions of anxiety.



SOLUTION

Fragments provides an interactive, immersive media that will inspire empathy and a greater understanding of anxiety by simulating the physical and emotional effects of anxiety.





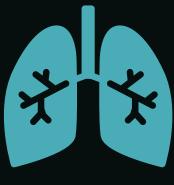
SIMULATED SYMPTOMS OF ANXIETY



Increased heart rate



Tunnel Vision



Rapid breathing



Negative thought patterns



RESEARCH

Consulted psychological professionals and researchers on symptoms of anxiety and panic attack coping strategies.

Our research provides an accurate representation of the physiological symptoms and responses of anxiety



3D PUZZLE ENVIRONMENT

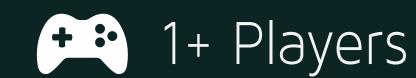
Builds upon the Virtual Reality experience offered by the HTC Vive

Positive representation of the mind of a person enduring anxiety

Visual metaphors demonstrating the struggle of anxiety



Grounded in mental health research





Not recommended for users with anxiety