

trellis supporting growth

Problem



30% of college students **experience depressive symptoms.**

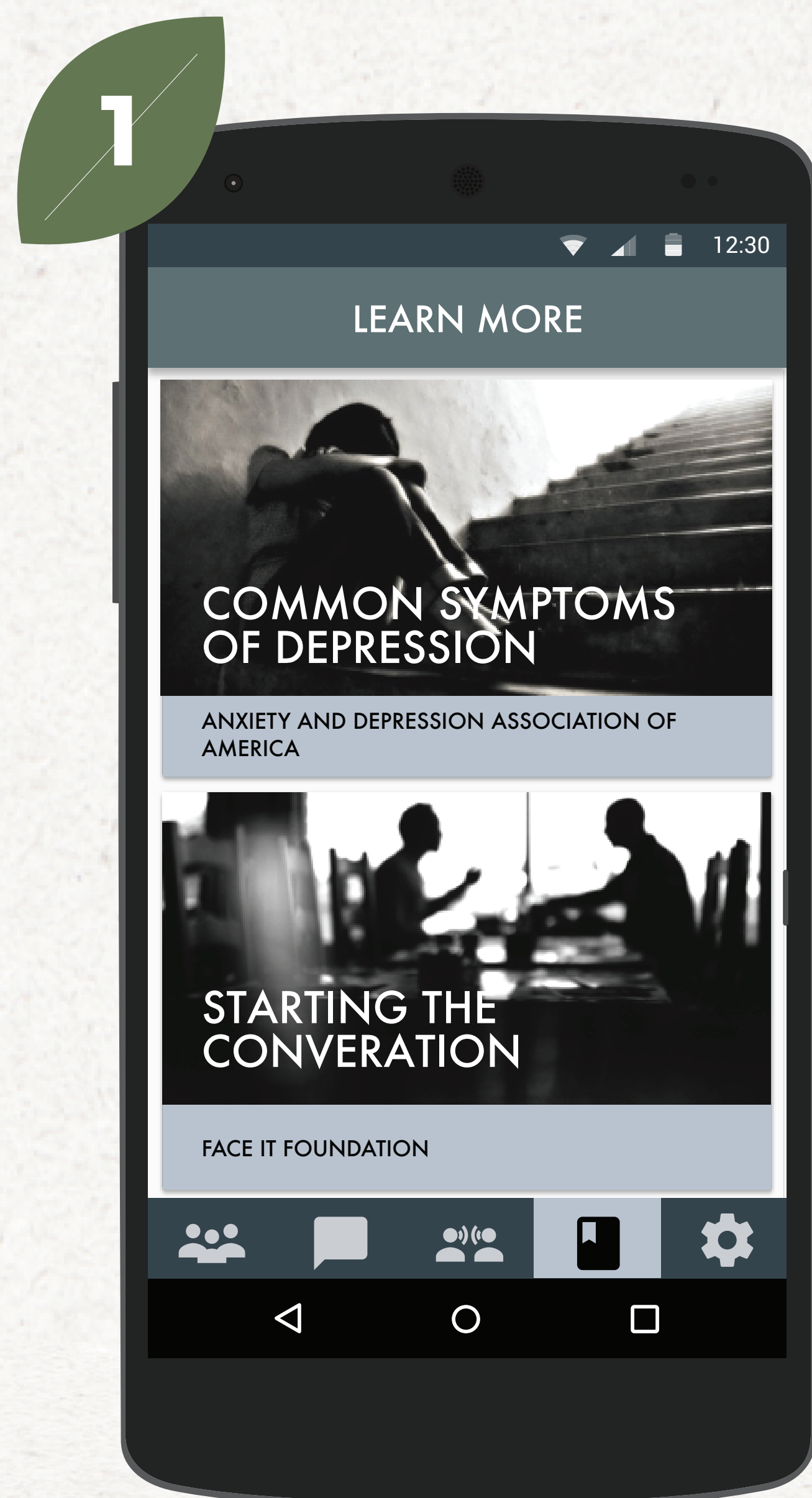
How can we **help support these students** in a safe & accessible manner?

Top 3 Needs of Depressed Students

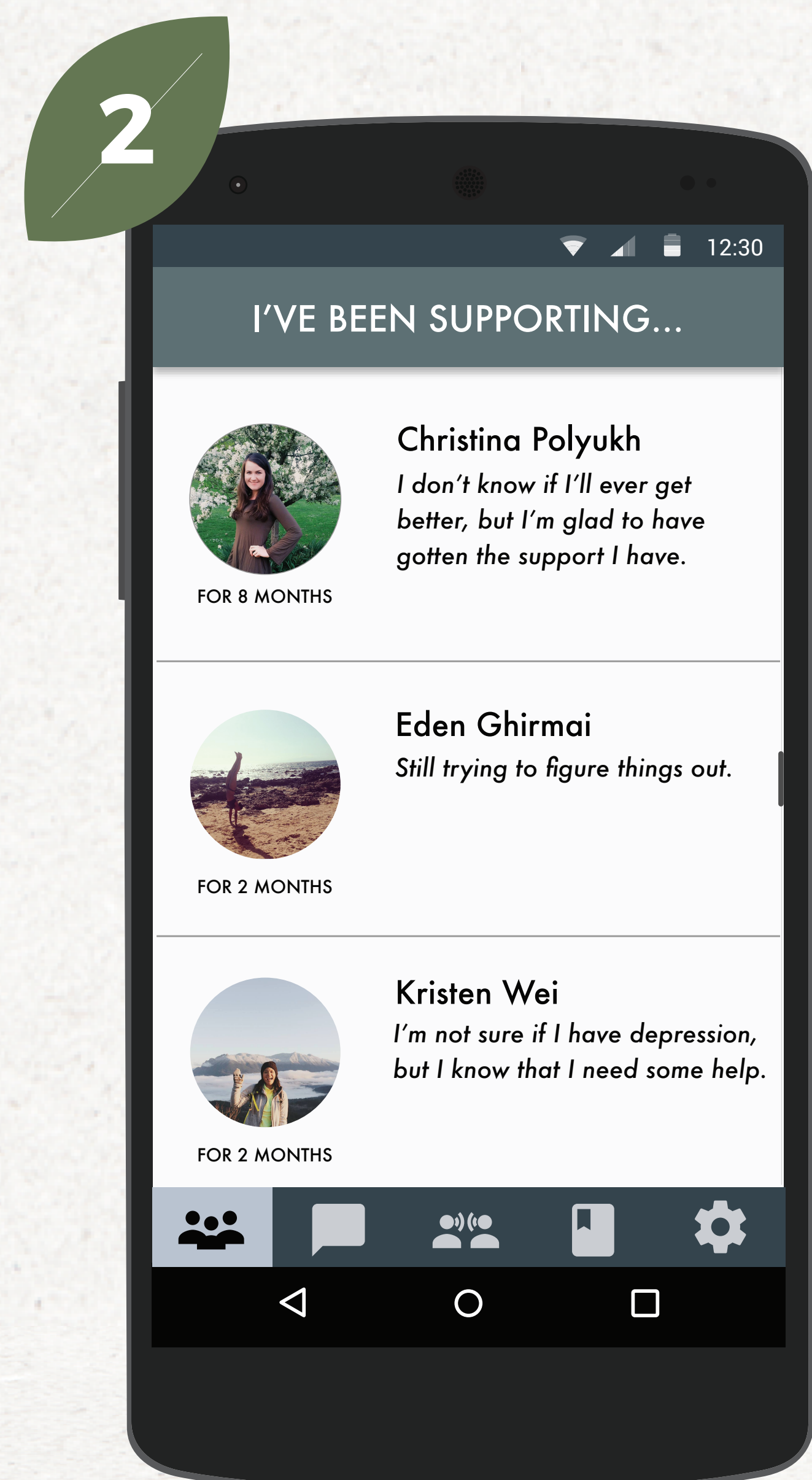


Solution

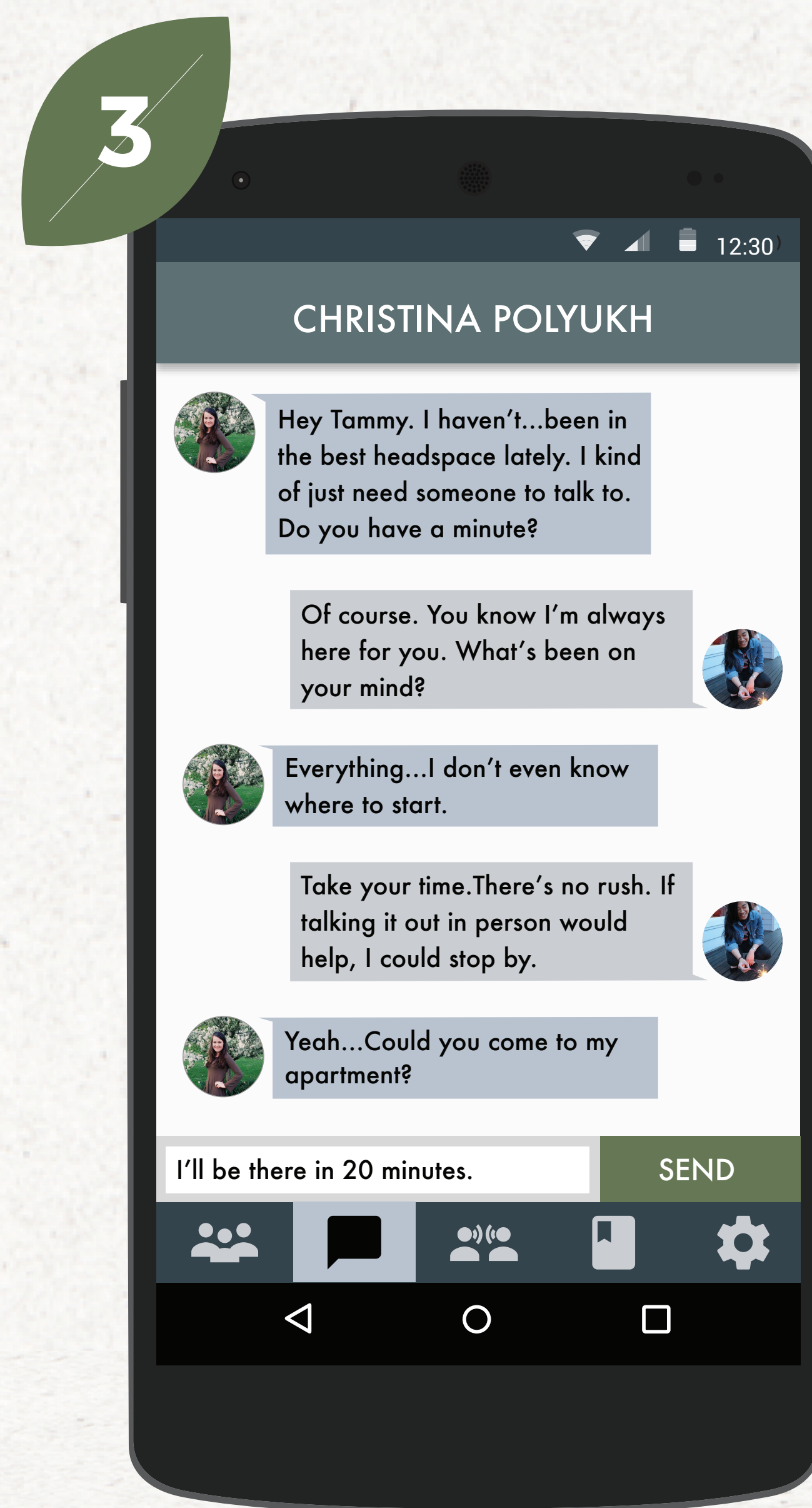
Trellis educates and grows the support network of these students in 3 steps.



Learn more about depression & how to help



Keep an active list of **who you support**



Check in and **message friends** to show support

Benefits

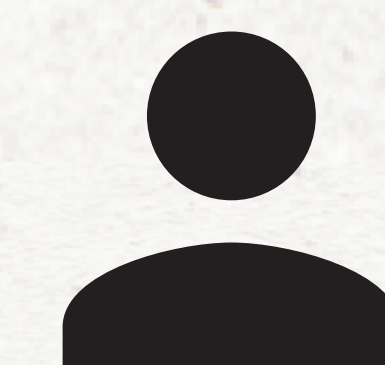
The friends you support will be able to:



Grow their **own close-knit support network** with friends they know & trust



Learn more about depression to understand themselves—**without the high cost** of therapists



Improve their mental well-being & take back their life with your help