

THE PROBLEM

How do we
guide and motivate
PT patients & help PTs
serve their patients
to help them get better faster?

MARKET OPPORTUNITY

\$30B physical therapy industry
7% projected annual growth

The PT industry is growing and technology needs to **catch up**.

HarrisWilliams&Co. - Feb 2014

VALUE PROPOSITION

Achilles enables PTs to provide better guidance, incentive, and communication to patients. The platform amplifies the relationship between PTs and their patients, improving the **efficiency** and **effectiveness** of the PT experience.

PT INTERFACE

Exercise search and discovery

Measure exercise effectiveness

Comprehensive patient system

Complete routine control

Patient performance insights

Achilles
Dr. Smiles
Sign Out

Patients

Exercises

Settings

Sorting Options:

Exercise Type:
☐ Strength
☐ Flexibility
☐ Endurance

Requires Equipment:
☐ Yes
☐ No

Search normally, by bodypart, by name, or by description:

Push-ups
Lie face-down and raise your body by pressing down on your hands while keeping your back straight.

Knee to Chest
Hug knee. Keep opposite leg straight.

Squat
Hold a tennis ball under your chin. Perform a squat.

Shoulder Weight Shift
Hold weight over head. Move weight back and forth.

Standing Butterfly
Stretch as shown.

Plank Walk-Out
Go onto all fours. Walk out on your hands until you are in a plank.

Forearm Plank Kicks
Go onto elbows and knees. Kick leg straight back.

PATIENT INTERFACE

Routine reminders

Step-by-step guidance

Progress tracking

