How do we guide and motivate PT patients to help them get better faster?

The PT industry is growing and technology needs to catch up.

The platform amplifies the relationship between PTs and their patients, improving the efficiency and effectiveness of the PT experience.

**Get Better Faster**

Amber Amin, Robby Brosman, Xavier Byrd, Staffan Hellman, Caleb Thorsteinson

**Achilles**

Enables PTs to provide better guidance, incentive, and communication to patients.

**Market Opportunity**

$30B physical therapy industry

7% projected annual growth

The PT industry is growing and technology needs to catch up.

HarrisWilliams&Co. - Feb 2014

**Patient Interface**

Exercise search and discovery

Measure exercise effectiveness

Complete routine control

Patient performance insights

**Patient Interface**

Routine reminders

Step-by-step guidance

Progress tracking

**PT Interface**

**Achilles**

Patients

Exercises

Settings

**Sorting Options:**

Exercise Type: Strength, Flexibility, Endurance

Requires Equipment: Yes, No

**Dr. Smiles**

**Push-ups**

Lie face-down and raise your body by pressing down on your hands while keeping your back straight.

**Squat**

Hold a tennis ball under your chin. Perform a squat.

**Standing Butterfly**

Stretch as shown.

**Forearm Plank Kicks**

Go onto elbows and knees. Kick leg straight back.

**Complete routine control**

**Exercise search and discovery**

**Measure exercise effectiveness**

**Comprehensive patient system**

**Patient performance insights**

**PT Interface**

**Step-by-step guidance**

**Progress tracking**

**History**

**March**

1 2 3 4 5 6 7

8 9 10 11 12 13 14

15 16 17 18 19 20 21

22 23 24 25 26 27 28

29 30 31

**Remaining**

**Complete**

**Routine reminder**

Today

Start

Plank

Lunges

Wall Sits

Side Lunges

Forearm Side Plank

**Step-by-step guidance**

**Progress tracking**

**Routine**

**X**

Plank

**Remaining**

00:45

**Complete**

Next: Lunges

**History**

**March**

1 2 3 4 5 6 7

8 9 10 11 12 13 14

15 16 17 18 19 20 21

22 23 24 25 26 27 28

29 30 31

**Routine reminder**

Today

Start

Plank

Lunges

Wall Sits

Side Lunges

Forearm Side Plank

**Step-by-step guidance**

**Progress tracking**