Project Highlights

- A Windows Phone app that tracks sleep schedules
- For people suffering from irregular sleep cycles
- Intuitive user interface design
- Decent visualization of the sleep schedule data
- Standard data format (XML) for data sharing

Technology Used

- Windows Phone 8 Framework
- C# and XAML
- Expression Blend
- Telerik® RadControls
- Github

Design

- Proof of concept on Windows Phone Platform
- Simple data structure
- Traditional alarm clock look and feel
- Followed Windows UI Design Principle
- Practiced Agile Development

Features

**alarm**

- Easy setting alarm clock
- Tracks sleep time, wakeup time, and mood
- Adjustable snooze time

**history**

- Calendar view of sleep schedule data
- Detail view of each day
- Modifies incorrect data

**stats**

- Sleep Score
- Statistics Dashboard
- Varies of vibrant charts
- Selection of scales

Reference:


