Jeeva Health: **Mapping King County** Mental Health Disparities

Mindful Huskies

Meet the team



Justin Phan Project Lead and Data Scientist



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Amy Chew Data Scientist and Software Developer



Nooha Mohammed Data Scientist and Software Developer

Problem Context

The Focus

- Researching the accessibility of psychiatric care in King County, WA
- Hope to contribute in creating a more equitable mental health care landscape

Lack of Accessibility

- The state of Washington is ranked towards the bottom of all states with availability of psychiatric care
- Caused by a long history of neglect and very little public support

Problem Statement

Where do public health centers across the state of Washington lack adequate accessibility and resources to effectively support individuals hospitalized for psychiatric illnesses?

Research Insights

Demand

- WA state <u>falls below the</u> <u>national average</u> rate of care for mental health
- The demand for mental health services is stronger than ever – <u>nearly 56%</u> <u>Americans seeking</u> or wanting to seek mental health services

Allocation

- <u>55% of adults and 60%</u> of youth in the US with a mental illness <u>receive no treatment</u>
- <u>POC</u> receiving care in urban areas are <u>particularly at risk</u> for losing access when telemedicine is implemented

Solution

- Service utilization, patient demographics, and access barrier data helps healthcare systems <u>allocate resources</u>, <u>expand outreach, and ensure</u> <u>equitable access</u>
- Increasing the proportion of racial minority providers is vital in improving health disparities

Meet our Personas!

Maria Johnson

Occupation: Grocery Store Cashier at Night, Stay-Home Mom

- She has been experiencing symptoms of depression for several months but has been unable to seek professional help due to financial constraints
- Limited by her neighborhood's lack of adequate mental health resources, with limited availability of psychiatric beds in nearby hospitals.



Robert Monopoly

Occupation: State Senator with a background in public administration and health policy

- He is passionate about addressing systemic inequalities in psychiatric care and improving access to services for underserved populations
- Understands the importance of data-driven decision-making and his goal is to be able to utilize data visualizations that can highlight the disparities between psychiatric departments between hospitals



Key Concepts

Visualization / Data Mapping

- Creating visualizations to tell a story on King County psychiatric health
- Allow the user to quickly see and understand that there are disparities across King County
- Mapping across King County
- Immersive storytelling

Solution Approach / Key Feature #1 How much does it cost?



Does King County's Psychiatric Care Cost More than Surrounding Counties?

How Does Seattle's Psychiatric Pricing Compare to Other Cities?

Bedicare Pricing for New Patient Copay for New Patient Medicare Pricing for Established Patient Copay for Established Patient



Solution Approach / Key Feature #2 Is there any availability?

Available Mental Health Beds Dwindling



*Lines hitting zero indicate health center closure

Upchiatric Beds Pales in comparison to Broader US

Source: U.S. Census Bureau, VizPainter

Bed Allocation for King County Medical Centers



Psychiatric Beds Pales in comparison to Broader US

Solution Approach / Key Feature #3 How successful is the treatment?

16.7

How do different medical centers compare in managing post-discharge outcomes for psychiatric patients?

Percent of patients receiving follow up care within 30 days after psychiatric hospitilization
Percent who continue medication following inpatient psychiatric discharge
Percent of patients readmitted to any hospital within 30 days of discharge from psychiatric facility





User Testing & Validation

Testing

- Gave user brief background context before presenting material
- Asked a series of follow up questions

Key Questions

- Is the website effectively telling the story that we want it to?
- Are users able to quickly pick up the information that the visualizations are sharing?
- Can they answer specific questions about the visualizations?
- What is the main takeaway after reading our story?

Advice and Feedback

- The use of interactive, long-form journalism is very successful in grabbing and maintaining the user's attention.
- Ensure that there is a "unified voice" amongst the writing.
- Find specific and detailed policies that relate to our findings and the visualizations created in order to have an effective impact on law makers

Link to our website



Demo Video



Ethical Considerations

• User privacy

 Using public databases from King County and all users are completely anonymous

Data Bias

- Lower economic levels are often not able to get treatment and therefore not accounted in data that is collected
- Equity and Accessibility
 - Address the disparity in access to psychiatric treatment by acknowledging that lower economic levels are underrepresented in the collected data.

Next Steps

Working with Jeeva Health development team to ensure smooth handoff. Our published story and visualizations are shared and easily to edit.

Discuss future development of our project.

Thank you for listening!

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