

BETTER WEATHER



Seasonal Affective Disorder affects more than 15 million people in the U.S, where symptoms have only been amplified due to COVID 19. Through comprehensive user interviews, 3 customizable interactive user features were implemented to satisfy user needs.



Travel Recommendations

Through recommendation algorithms, it displays to users sunnier locations to increase their light exposure & outdoor activities.



Chat

Chat rooms include one-on-one chat and peer-support group chat. By giving users a chance talking to similar people, we aim to facilitate connectedness.



Music

Many forms of music are both personally enjoyable and great anti-SAD mood tools. They are helpful in resetting people's nervous system and release tension.

