

# ACEs & TIC Dashboard

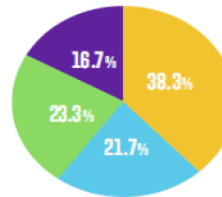
ACE – Adverse Childhood Experiences  
TIC – Trauma Informed Care

## How Common are ACEs?

### KEY FINDINGS

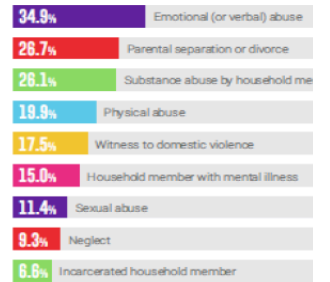
In California, **61.7%** of adults have experienced at least one ACE and **one in six**, or 16.7%, have experienced four or more ACEs. The most common ACE among California adults is emotional (or verbal) abuse.

4 or more ACEs 2 to 3 ACEs 1 ACE 0 ACEs



Prevalence of number of ACEs among California adults

### Most common ACEs among California adults



Most common ACEs among California adults

## Implications of ACEs in the Workplace



1985 – Dr. Vincent Felitti

Original ACE Study – 1995-1997

The CDC-Kaiser Permanente Adverse Childhood Experiences (ACE) Study is one of the largest investigations of childhood abuse and neglect and household challenges and later-life health and well-being.

ACEs are common across all populations. Almost two-thirds of study participants reported at least one ACE, and more than one in five reported three or more ACEs.

### The Solution:

Develop a system to

- gather employees' answers to the ACEs questions
- Compile the results into visualizations that accurately compares the companies standing to the national average

From the results, Transforming Connections is able to provide a customized TIC action plan to the organization.

We chose Survey Gizmo and Tableau. The two programs work well together and enable HIPAA compliance. It is crucial to guard the identity of employees and keep the database secure.

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### Sources:

<https://www.in.gov/isdh/28230.htm>

<https://acestoohigh.com/got-your-ace-score/>