

Read-a-Rama

A Trauma-Informed Care Approach

Read-a-Rama campers come from diverse backgrounds, with life experiences, including trauma and Adverse Childhood Experiences.

Opportunity

Read-a-Rama needed staff training and resources to foster a safe, collaborative, and empowered early-literacy environment, for staff and campers alike.



Staff

Needs

- Organizational and peer support
- Understanding campers' needs
- Resources to meet campers' needs
- Cultural humility
- Safety & Trust

Challenges

- Different backgrounds and cultures
- Experience working with children
- Secondary trauma

Youth

Needs

- Safety
- Trustworthiness & Transparency
- Support
- Collaboration
- Empowerment, voice and choice
- Cultural, historical & gender support

Challenges

- Adverse Childhood Experiences
- Trauma
- Growing literacy
- Cultivating trust

Impact

Why Trauma-Informed Care?

Helps staff overcome differences and challenges in order to help children, through Bibliotherapy, Play and Art therapies.

Read-a-Rama and Trauma-Informed Care make a great team!



Victoria B. Bryant
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Read-a-Rama 