Drifting

For when you're stranded by your thoughts,
Or when you want to inspire your peers,
Discover skills to promote mental wellbeing,
One Bottle at a time

Features

Exercises recommended by UW mental health experts

Forums for safely exploring responses from peers

A personal record of your bottles

*We are not licensed mental health experts

https://c08-drifting.github.io/app

We Can Code It
Kathy Chiu Natsnet Demoz Thea Tai Sylvia Wu

Information School
UNIVERSITY of WASHINGTON