MuscleUp

From Crowded Space

100,000 +

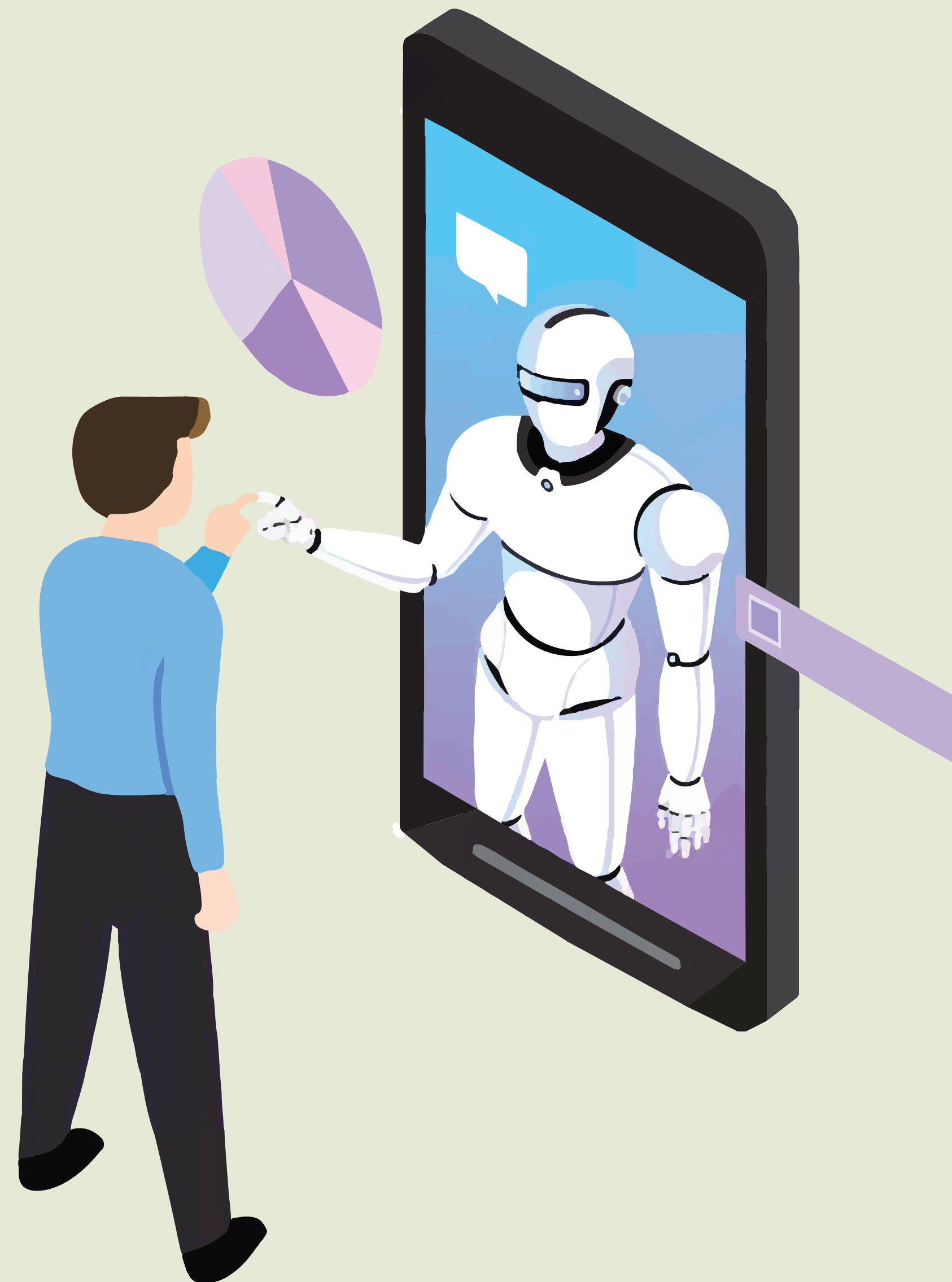workout programs on the internet

7,500,000,000 +

unique people around the world

0

one-size-fits-all solutions

1 out of 100,000 +

MuscleUp is fitness tailored for you

To AI Personalization

We provide calculated recommendations personalized to your body composition, biometrics, and fitness goals.

Thousands of exercise programs for different fitness goals, like running, biking, weightlifting, and body weight exercise.

Intuitive milestone and goal setting system in order to track your progress and aid in calculating better future workout routines.

Programs are created by professionals and regular users. →

Users train AI by using programs and inputting progress. →

Our AI calculates efficiency based on user biometrics and exercise types. →

Optimal programs are suggested based on user body type and fitness goals.

Information School
UNIVERSITY *of* WASHINGTON

Krishna Puvvada
Machine Learning Architect

Kyler Griffith
Mobile Software Developer

Hyewon Kim
UX/UI Designer

JT Anderson
Mobile Software Developer